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Àrea de coneixement

Promoció de la salut, salut mental, activitat física i comportament sedentari.

Formació acadèmica

Doctora en Salut Pública per la Universitat de Vic-Universitat Central de Catalunya. Cum Laude, Menció Internacional, 2017.

Màster en Neurociències per la Universitat Autònoma de Barcelona, 2012.

Llicenciada en Psicologia per la Universitat Autònoma de Barcelona, 2010.

Experiència professional relacionada amb l'àrea de coneixement

Professora col·laboradora. Escola Superior d'Infermeria del Mar, 2017-present.

Professora col·laboradora. Universitat de Vic-Universitat Central de Catalunya, 2015-2016.

Investigadora post doctoral. Parc Sanitari Sant Joan de Déu, Sant Boi del Llobregat, Barcelona, 2019-present.

Project manager. Unitat de nutrició, ambient i càncer, Institut Català d'Oncologia. Hospitalet del Llobregat, Barcelona, 2018.

Investigadora visitant internacional. College of Science, Department of Psychology. Northeastern University, Boston, USA, 2017.

Investigadora pre-doctoral. Departament de Ciències de l'Activitat Física i de l'Esport. Universitat de Vic-Universitat Central de Catalunya, Vic, Barcelona, 2014-2017.

Línies de Recerca

Impacte, risc i prevenció dels trastorns mentals.

Activitat física, comportament sedentari i salut.

Publicacions amb IF

Felez-Nobrega, M., Olaya, B., Haro, J.M., Stubbs, B., Lee, S., Koyanagi, A. (2020). Higher sedentary behavior is associated with lower happiness: An analysis of influential factors among middle-aged and older adults from six low- and middle-income countries. *Maturitas* (In press).

Felez-Nobrega, M., Haro, J.M., Stubbs, B., Lee, S., Koyanagi, A. (2020). Moving more aging happy: findings from six low-and-middle income countries. *Age and Aging* (In press).

Felez-Nobrega, M., Haro, J.M., Vancampfort, D., Koyanagi, A. (2020). Sex difference in the link between physical activity and suicide attempts in 136,857 adolescents. *Journal of Affective Disorders* (In press)

Felez-Nobrega, M., Haro, J.M., Erickson, K.I., Koyanagi, A. (2020). Physical activity is associated with fewer subjective cognitive complaints: a global perspective across 49 countries. *Journal of the American Medical Directors Association*. (In press)

Felez-Nobrega, M., Bort-Roig, J., Briones, L., Sanchez-Niubo, A., Koyanagi, A., Puigoriol, E., Puig-Ribera, A. (2020). Self-reported and objectively monitored physical activity and sedentary behavior in college students: Not all sitting behaviors are linked to psychological stress and anxiety. *Journal of Sports Sciences* (In press)

Bort-Roig, J., Briones, L., **Felez-Nobrega, M.**, Puig-Ribera, A. (2020). Sedentary behaviour associations with health outcomes in people with severe mental illness: a systematic review. *European Journal of Public Health*, 30(1):150-157.

Felez-Nobrega, M., Bort-Roig, J., Dowd, K.P., Wijndaele, K., Puig-Ribera, A. (2019). Validation study of the Spanish version of the Last-7-d Sedentary Time Questionnaire (SIT-Q-7d-Sp) in young adults. *PloS one*, 14(5), e0217362.

Baumeister, S.E., Schlesinger, S., Aleksandrova, K., Jochem, C., Jenab, M., Gunter, M., ; Overvad, K., Tjønneland, A., Boutron-Ruault, M.C. Carbonnel, F., Fournier, A., Kühn, T., Kaaks, R., Pischon, T., Boeing, H., Trichopoulou, A., Bamia, C., La Vecchia, C., Masala, G., Panico, S., Fasanelli, F., Tumino, R., Grioni, S., Bueno de Mesquita, B., Vermeulen, R., May, A., Borch, K.,

Currículum Vitae

Oyeyemi, S., Ardanaz, E., Rodríguez-Barranco, M., Chirlaque López, M.D., **Felez-Nobrega, M.**, et al., (2018). Association of Physical Activity and Risk of Hepatobiliary Cancers: A Multinational Cohort Study. *Journal of Hepatology*, 70(5), 885-892.

Felez-Nobrega, M., Hillman, CH., Dowd, K., Cirera, E., Puig-Ribera, A. (2018). ActivPALTM determined sedentary behaviour, physical activity and academic achievement in college students. *Journal of Sports Sciences* 13, 1-6.

Felez-Nobrega, M., Hillman, CH., Cirera, E., Puig-Ribera, A. (2017). The association of context-specific sitting time and physical activity intensity to working memory capacity and academic achievement in young adults. *European Journal of Public Health* 9, 755–62.

Felez-Nobrega, M., Foster, L., Puig-Ribera, A., Draheim, C., Hillman, CH. (2017). Measuring working memory in the Spanish population: Validation of a multiple shortened complex span task. *Psychological Assessment Journal* 30(2), 274-279.